



2019 LENTEN PROGRAMS

There are traditionally forty days in Lent which are marked by fasting, both from foods and festivities, and by other acts of penance. The three traditional practices to be taken up with renewed vigor during Lent are prayer (justice towards God), fasting (justice towards self), and almsgiving (justice towards neighbor). Today, some people give up something they enjoy, and often give the time or money spent doing that thing to charitable purposes or organizations. Lent is a season of sorrowful reflection that is punctuated by breaks in the fast on Sundays (the day of the resurrection); thus, Sundays are not counted in the forty days of Lent. (Wikipedia)

It is important to not only mark Lent with fasting, prayer and almsgiving, but also to take time to feed our souls and prepare our hearts to receive the resurrected Lord. At St. Peter's this Lent, we have a number of opportunities for parishioners and friends to join in for reflection, worship, and learning.

Home Materials: Starting on March 3, booklets, meditations and devotionals will be available for purchase in the narthex. These items cost between \$1 and \$3.00 and are an inexpensive and easy way to mark Lent in your own home.

Ash Wednesday, March 6: At 9:15 am Imposition of Ashes will be offered to the guests and volunteers at the Deacon's Cupboard. Services will be held at 10:00 am and 7:00 pm in the church. The morning service will be a solemn said time of Eucharist with Imposition of Ashes. The evening service will be Choral Eucharist with Imposition of Ashes.

Thursdays in Lent (March 14, 21, 28, April 4 & 11)

Join us for worship in the church at **10:00 am**. After a celebration of **Eucharist**, we will have a discussion at **10:30 am** in the Parish Hall. "**Will You Come and Follow Me?**" is an adult study on Lenten and Easter hymns. We will read our way through and explore what the texts teach us about our faith. You don't need to sing to participate and learn about our faith through song.

Then, at **11:45 am** stay for a bowl of **soup** and hearty bread (the cost for lunch is \$5/person). At **12:15 pm** the **Organ Recital** will begin in the church. People can join in for any or all of these events.

Thursday by Candlelight services continue at 8:00 pm

Picture a quiet church, with candles throughout and a simple 45 minutes of reflection on scripture, music and prayer. Find a time to still yourself after a busy day and prepare to sleep with a lightened spirit.

Sunday Afternoon Lenten Education Series

12:30 pm in the Parish Lounge

The Pilgrim Series – The Eucharist

Each Sunday from **March 10 to April 7** we will explore the mystery of Holy Communion (The Eucharist) and broaden our understanding of how we receive and become the Body of Christ. Please sign up on the bulletin board. Cost: \$5

Youth in grade 5 and up are invited to our annual **Maundy Thursday Vigil** taking place from **7:00 pm April 18** until **9:00 am Friday April 19**. We will spend time learning about Holy Week, making crafts, playing games, watching movies, spending time in the vigil in the church, praying together and having fun. The cost is \$10.

Holy Week Services:

Palm Sunday – April 14 at 8:00, 9:15 and 11:00 am

And a Concert at 4:00 pm

During the **weekday mornings** we hope you will join us at local long term care and retirement homes where we will gather as the church to celebrate communion. Some parking is available at all of the locations, carpooling would be a good idea. Please ask Rev. Maria Nightingale for directions.

Monday April 15 – 11:00 am Holy Communion at Parkland on the Glen (next to the Glenerin Inn)

7:00 pm – Stations of the Cross (St. Peter's Churchyard)

Tuesday April 16 – 10:30 am at Amica City Centre

7:00 pm – Holy Communion in the church

Wednesday April 17 – 11:00 am at Erinview Lodge

7:00 pm – Holy Communion in the church

Maundy Thursday

11:00 am – Holy Communion at the Wenleigh Long Term Care

7:00 pm – Service with Foot Washing and Last Supper in the church

The "Watch" – join in anytime from 8:15 pm to 9:00 am for private prayer and sit in silence to keep watch with Christ. A sign up sheet will be on the bulletin board.

Good Friday

9:15 am – Family Service

10:15 am – Stations of the Cross

11:15 am – Solemn Liturgy

Easter Celebrations

7:00 am, 9:00 am and 11:00 am.